# JUNE 2023 OLICANDEVS LAND IMPROVEMENT CONTRACTORS OF AMERICA • OHIO CHAPTER



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## A NOTE FROM OUR PRESIDENT

Greetings,

I hope this newsletter finds each of you well. Spring was not sure if it wanted to fully commit to us or not, in early April it started out extremely nice with the good ground conditions and things were really happening. Then, Ohio reality set in giving us a couple of cold damp weeks. Now things are in full gear again and summer will be right around the corner.

I would like to personally invite you and your families to the 2023 Summer OLICA Picnic. This year the picnic will be held at our shop in Sterling. As always there will be fun for all ages including games and an equipment rodeo. Please invite friends, employees, and anyone else you think that would benefit from our great LICA program. It will be a great day to catch up with old friends and make new ones.

It is my wish that each of us, our family, and employees have a safe and successful season. Together, let's all go forth and take good care of the land that takes care of us.

Thank you, Doug Nieman OLICA President (330) 466-0882

# What's InsideExecutive Director's Notes2New Members2Where's Digger3OLICA Summer Picnic6NLICA Summer Meeting Info8-11OSU/Trimble Press Release13OSU Lima Branch Field Day16LICA Winter Convention/Conexpo Pictures18-19Safety Matters22-23Upcoming Events24

#### **EXECUTIVE DIRECTOR'S NOTES**

OLICA has a jam-packed schedule of upcoming events. Here's what is happening:

- OLICA Summer Picnic June 24, 2023
- 2023 National LICA Summer Meeting July 11-15, 2023
- OSU Lima Branch Field Day July 25, 2023 (Rain Date August 1, 2023)
- 2023 Farm Science Review Field Day September 19-21, 2023
- 2024 OLICA Annual Winter Meeting January 2-4, 2024

I would love to see a large number of OLICA members at these events, so mark your calendars now. We especially need volunteers at the field days, so please take advantage of this wonderful opportunity to come and work alongside fellow members for these worthwhile projects.

#### **2023 NATIONAL LICA SUMMER MEETING**

The 2023 National LICA Summer Meeting will be held July 11-15, 2023 at The Graduate Hotel, Lincoln, Nebraska. The Graduate Hotel is in the Historic Haymarket District, which boasts shops, galleries and a wide variety of restaurants and bars. The deadline to take advantage of the early bird registration rate and book your room at the convention rate of \$139/night is June 19, 2023. Complete registration information can be found on pages 8-11.

#### **OSU LIMA BRANCH FIELD DAY**

The OSU Lima Branch Field Day will be held July 25, 2023 (rain date August 1, 2023). We are in need of volunteers to help out at this field day so please add these dates to your calendar. If you are available to help with this project please RSVP by email to ohiolica@gmail.com or text or call Steve Gerten at 419.235.1883. Any amount of time you can give to this project would be greatly appreciated. More information on the field day can be found on page 16.

#### 2023 FARM SCIENCE REVIEW FIELD DAY

This year's Farm Science Review Field Day will be held September 19-21, 2023 at the Molly Caren Ag Center, London, OH. We are always in need of volunteers to help out at the field day, so please mark your calendar's now. We cannot have a successful field day without YOU. Any and all help is greatly appreciated.

#### **2024 OLICA ANNUAL WINTER MEETING**

Plans are already underway for our 2024 annual meeting, which will be held January 2-4, 2024 at the Embassy Suites, Dublin, OH. We encourage all members to attend the winter meeting. This is your meeting, so if you have any topics you would like to see covered at the meeting please email Event Director, Pat McConnell at tpmc76@yahoo.com or myself at ohiolica@gmail.com

**THANK YOU** for being an Ohio LICA member. Amy Gerten, Executive Director

#### WELCOME NEW MEMBERS

## CONTRACTOR MEMBER

Brad Beck Brad Beck Farms LLC Norwalk, OH 44857

#### **ASSOCIATE MEMBER**

Abe Miller Marion Tile Fredericktown, OH 43019

New members are always welcome. You can find a membership application on our website at: http://www.olica.org/about-us.html

To get the most out of your membership take advantage of all the benefits LICA has to offer. Visit our webpage at www.olica.org for a complete list of benefits.

> Make sure to keep up to date on our website and Facebook at: http://www.olica.org/

https://www.facebook.com/OhioLandImprovementContractorsofAmerica/

## WHERE'S DIGGER

Congratulations to Joaine Redd, Wyandot Soil and Water Conservation District for winning a \$50 VISA gift card. Her name was drawn from the individuals who found Digger in the last issue.

Digger is hidden within the pages of this issue. When you find him send his location to OLICA's Executive Director at

#### ohiolica@gmail.com

by July 31, 2023. Your name will be entered into the drawing for a \$50 VISA gift card.





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#### **The LICA Creed**

Land, the foundation of the Nation, the basis of all wealth, the heritage of the wise, the thrifty and prudent, the poor man's joy and comfort, the silent partner of man, the producer of food, fiber and fuel, the basis of factories, the foundation of banks. All that man builds is from the land. We often take it for granted, or even abuse it, and yet many unthinkingly and unknowingly pass the land by. What man finally does with the land will be the deciding factor of his survival.



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# 2023 NATIONAL LICA SUMMER MEETING DETAILS & AGENDA

July 11 -15 · Lincoln, Nebraska · The Graduate Hotel

ICA HOMECOMING 2023

#### TUESDAY, JULY 11

7:00 am - 8:00 am 8:15 am - 6:00 pm

#### Registration

Bakers Candies, Aerospace Museum, Safari Park, & Johnson Company Ice Cream Social

#### WEDNESDAY, JULY 12

7:00 am - 8:00 am	Registration
8:00 am - 5:30 pm	Lincoln Industries, Speed Museum, Nebraska Tractor Test Lab
6:00 pm - 10:00 pm	Executive Committee

#### THURSDAY, JULY 13

7:00 am - 8:00 am	Registration
8:00 am - 1:00 pm	Seminars
9:00 am - 1:00 pm	Executive Directors
7:00 pm - 10:00 pm	Associates' Night (exhibition)
	"LICA HOMECOMING"

#### FRIDAY, JULY 14

7:00 am - 8:00 am	Registration
8:00 am	Opening Breakfast
9:00 am - 5:00 pm	Committee Meetings
12:00 pm	Lunch

#### SATURDAY, JULY 15

7:00 am - 8:00 am	
8:00 am	
9:00 am - 10:00 am	
12:00 pm	

#### Devotions Breakfast Board Meeting Lunch

#### WHAT'S INCLUDED IN REGISTRATION?

Summer Meeting registration includes all meal functions, Associates' Night, Educational Seminars, Committee Meetings, and the Board Meeting. All registered members will receive meal tickets, a name badge, and a program when they check-in on site and are welcome to ... even encouraged to, attend any of the Committee Meetings and the Board Meeting. For a list of committees and their functions, visit LICANational.org.

#### SUMMER MEETING THEME

The theme of this years' Summer Meeting is "LICA Homecoming 2023." Attendees are encouraged (but not required) to dress in theme on Associates' Night. Members can dress for the big Homecoming Game or in formal wear for the Homecoming Dance. No matter how you dress, Associates' Night (exhibition) will be a great evening of networking and friends.

#### THE HAYMARKET DISTRICT

LICA will be staying right in the Historic Haymarket District. It boasts shops, galleries and a wide variety of restaurants and bars. The area is very walkable and consists of beautifully renovated 19th-century brick warehouses. Every Saturday there is a huge Farmers' Market- steps away from the hotel.

Speaking of hotels, the Graduate Hotel is distinctive and fun - not your average hotel! LICA members will notice upon arrival that the lobby is filled with retro decor. The fun does not stop in the lobby, each sleeping room has corn cob curtains, more retro furniture and the look is complete with a workstation straight out of an old dorm room!

#### SCAN CODE

For Hotel Reservations & Summer Meeting Registration.





#### TUESDAY, JULY 11TH

#### Bakers Candies - Greenwood, Nebraska

Start the day off right with chocolate! Join us for an exclusive factory tour and shop at their huge outlet mall.

#### Strategic Air Command & Aerospace Museum



After indulging on chocolates, members will take a guided tour through the Museum. Their focus is on aircraft and nuclear missiles of the U.S. Air Force during the Cold War as well as other historical aircraft.

#### Round the Bend Steakhouse

LICA members will enjoy a buffet lunch at this popular steakhouse. Although members won't be sampling that day, Round the Bend is home of the "Testicle Festival."

#### Wildlife Safari Park



At this drive-through park you will see a variety of North American wildlife: bears, wolves, elk, bison, pelicans and other waterfowl. The safari has 6 open area wildlife exhibits including: bison plains, lee and Helene Sapp family elk meadows, deer woods, Pelican wetlands, prairie dog town, and Harold & Marian Anderson Crane Meadow.

#### Ice Cream Social at The Johnson Company

(Non-dairy options will be available.)

Longtime LICA Associates, Randy & Carol Johnson are hosting members at "The Barn" for some delicious ice cream. Daring to be different, The Johnson Company makes its home for the last 30 years in a refurbished barn that sits on 40 wooded acres – a place of purpose -aptly named "Within the Wild." End the day with a sweet treat in a serene environment.

#### WEDNESDAY, JULY 12TH

#### Lincoln Industries \*Closed toed shoes/long pants\*

Lincoln Industries is the largest privately-held metal finishing company in north America. They work with metal finishing, coatings, insulation, & tube fabrication in industries such as agriculture, automotive, appliances, motorsports, powersports, oil & gas, tools, & trucks.

#### **Fireworks Restaurant**

After Lincoln Industries, LICA members will dine at Fireworks, enjoying the atmosphere created by the wood-fired stoves.

#### Speedway Motors Museum of American Speed



This amazing museum showcases a stunning array of history-making cars, engines, parts, pedal cars, automotive toys and memorabilia. Racing displays range from dirt tracks to the Indy 500 and include the world's largest collection of

exotic and historic American racing engines from the early 1900's to the present day, featuring specialized Millers and Offenhausers.

#### Nebraska Tractor Test Laboratory



LICA Members get to visit the official designated tractor testing station for the United States. Take a guided tour through this facility and see what goes on behind the scenes.

#### TOUR INFORMATION

Those who pre-register for any of the tours will receive an admission ticket to those events when they checkin on site. Tours leave promptly at the listed time. We "check-in" all our attendees to make sure we don't leave people behind, but please be sure to pay attention to arrival and departure times so there is no confusion.



#### EDUCATIONAL SEMINARS THURSDAY, JULY 13

#### The LICA Portal: Access Free Safety Materials Presented by: Bruce Mosier, Prins Insurance

The Zywave Portal is a free benefit to all our contractor members. Each LICA Contractor member has access to safety materials including everything OSHA through the Zywave Resource Library. Members can log-in to a personalized LICA Portal & search for any topic that relates to their business as well as view an up-to-the-minute news feed tailored to company's needs. In this seminar you will find out how to use this benefit to help your company be safe.

#### National LICA Leadership Panel

Presented by: National Past Presidents: Steve Anderson, IL; Mike Cook, MI; Steve Gerten, OH; and Don Loken, MN.

Have you ever thought about serving on your State Chapter Board or even on the National Board? Most members do not know how to get involved – or even what a position on the board entails. During this session you will hear from National Past Presidents about their experiences at the State and National level. Members can get their questions answered about leadership roles within LICA, from the people who have held them. Hear them tell their stories: why they joined, how and why they served in leadership roles, and why they benefited from serving LICA.

#### aQuiRe: A New Approach to Trades Training Presented by: Carley J Hill, C.E.O.. & Founder, CAHill TECH, Inc.

While building and maintaining safe & efficient teams, many construction companies struggle with:

- · Lack of properly trained employees
- · The knowledge gap between generations
- · Operationalizing lean teams

In this session, our CEO and founder will show you how she is helping 1000's of frontline workers and their employers. By combining innovation and authenticity, the aQuiRe<sup>™</sup> Construction Academy is ensuring training and construction safety gets more efficient, more connected, and stays human.

#### FAMILY FUN

All of these attractions are budget-friendly and great for kids and adults alike. Visit: visitnebraska.com/ things-to-do/family-fun for even more ideas!

#### Sunken Gardens \*Free Admission\*



The only Nebraska garden to be listed in the "300 Best Gardens to Visit in the United States and Canada" by National Geographic's "Guide to Public Gardens", this en-

chanting place is important to many. Formerly a neighborhood dumpsite, this 1.5 acres was first developed in 1930, and was transformed into an iconic feature of Lincoln. The Sunken Gardens have been the backdrop to decades of memorable occasions.

#### University of Nebraska State Museum

Established in 1871, the University of Nebraska State Museum is the state's premier museum of natural history. Visitors to Morrill Hall will find interactive exhibits featuring Nebraska's past and present biological diversity, and its cultural heritage with a dedicated First Peoples of the Plains gallery. The four-level, 70,000 square foot museum is located on the University of Nebraska-Lincoln City Campus near the corner of 14th and Vine Streets in Lincoln, Nebraska.

Adults: \$9.50 Kids (3-18): \$5.50 (Under 3 FREE)

#### Lincoln Children's Zoo



Lincoln Children's Zoo is rated among the best zoos for children by Parent Magazine and is home to over 400 animals, including the world's smallest monkeys (pygmy marmosets), ring-tailed le-

murs, dromedary camels, red pandas, meerkats, and more! Adults: \$14.95 Kids (2-12): \$12.95 (1 & Under FREE)

Photo credits: Nebraska Tourism

# 2023 NATIONAL LICA SUMMER MEETING REGISTRATION July 11 - 15 · Lincoln, Nebraska · The Graduate Hotel

# LICA HOMECOMING 2023

Name		Name	
Company		Name	
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EARLY BIRD RATE POSTMARKED BY JUNE 19, 2023	PRICE	# ATTENDING	TOTAL
Contractor Member, Spouse or Associate Member. Includes: Associates' Night, Friday Breakfast & Lunch, Saturday Breakfast & Lunch	\$300.00		
Youth: 13 Years & Under	FREE		
REGISTRATION POSTMARKED AFTER JUNE 19, 2023		1	
Contractor Member, Spouse or Associate Member. Includes: Associates' Night, Friday Breakfast & Lunch, Saturday Breakfast & Lunch	\$350.00		
Youth: 13 Years & Under	FREE		
TOUR REGISTRATION			
July 11th - Bakers Candies, Aerospace Museum, Round the Bend, Safari Park, & Johnson Company Ice Cream Social	\$120.00		
Youth: 13 Years & Under (2 & Under FREE)	\$50.00		
July 12th - Lincoln Industries, Fireworks, Speed Museum, Nebraska Tractor Test Lab.	\$120.00		
Youth: 13 Years & Under (2 & Under FREE)	\$50.00		
SUMMER MEETING TOTAL	\$		

(Registration plus Tours)

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Accommodations: The Graduate Hotel 141 N. 9th St., Lincoln, NE 68508 Room Rate: \$139/night (plus taxes & fees) Call: (844) 888-4723 Group: 2023 LICA Summer Meeting Deadline: Monday, June 19, 2023

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# **Press Release**

# The Ohio State University to establish Trimble technology labs in Columbus and Wooster for agriculture, construction, natural resources

COLUMBUS, Ohio—The Ohio State University has received a gift from <u>Trimble</u>, a technology company, to establish state-of-the-art technology labs for the <u>College of Food, Agricultural, and Environmental</u> <u>Sciences</u> (CFAES). This gift of software and hardware represents the largest philanthropic gift-in-kind investment to support teaching, research, and outreach in the history of CFAES.

The multidisciplinary labs at Ohio State will enhance teaching, research, and outreach activities in food and agricultural engineering, construction management, and natural resources. The Trimble technology labs will be located on the Columbus campus and Ohio State ATI on the CFAES Wooster campus. The labs will be the first to include Trimble agriculture solutions.

The centerpieces of this gift are customized training workstations that simulate the use of Trimble agriculture hardware and software in the classroom environment. This technology will instruct students on technologies such as machine guidance control and steering in the classroom, as well as field leveling and water management systems. The workstations will enable students to interact with technology in the classroom before they begin working with equipment in the field.

"CFAES is proud to be the home of the first Trimble technology labs focused on agriculture. The impact this collaboration will have on our college and students is truly immeasurable," said Cathann A. Kress, Ohio State vice president for agricultural administration and dean of CFAES. "It will allow us to be at the cutting edge of technology and innovation across our agriculture and environmental science disciplines. We are extremely grateful for Trimble's investment in our college on both our Columbus and CFAES Wooster campuses."

The labs also include components of Trimble's broad <u>Connected Construction</u> portfolio, which enables professionals along the project lifecycle to bring collaboration, accuracy, and repeatability to the office and the field. Partnering with Trimble will allow students and faculty to more fully integrate technology tools that are transforming how buildings and living environments are designed and constructed.

"The Trimble technology labs on the Columbus and CFAES Wooster campuses will become indispensable as we prepare students for the technology-driven careers of the future in agriculture, construction, and natural resources," said Scott Shearer, professor and chair, CFAES Department of Food, Agricultural and Biological Engineering. "In addition, these labs will enhance the land-grant mission of Ohio State by placing state- ofthe-arts geospatial tools in the hands of researchers and Extension professionals to enhance the management of agriculture and natural resources across Ohio."

The labs will support outreach programs through Ohio State University Extension— CFAES' statewide outreach arm—and agricultural professional training programs to re-equip Ohio farmers and agricultural professionals in the adoption of new technologies to increase agricultural output while preserving environmental quality.

The equipment and software will be integrated into CFAES curriculum, with a goal to have both labs open during fall semester 2023.

Trimble has a history of philanthropic support of Ohio State dating back to 1987. Daryl Matthews, senior vice president, Trimble, said, "Ohio State is an educational leader in producing innovative research and top-level graduates in agriculture and construction. In addition, we have many Ohio State alumni who work on teams across Trimble's businesses, and we have a significant presence in Ohio with our operations. Supporting their important work by providing advanced technologies will help fuel their programs to develop professionals for the future."

The labs will include a broad range of Trimble's industry -leading geospatial and construction solutions such as the Trimble® XR10 HoloLens hardhat, robotic total stations, 3D scanners and GNSS systems. Advanced software solutions include eCognition<sup>®</sup> geospatial analysis software, RealWorks® scanning software, TerraFlex<sup>™</sup> Advanced GIS data collection, Trimble Access<sup>™</sup> field software, Trimble Business Center Infrastructure Construction edition, Tekla® Structures, Tekla Structural Designer, Trimble Connect<sup>®</sup> collaboration software, Estimation MEP, FieldLink Office, Quadri, SysQue, and the company's popular 3D modeling software, SketchUp Pro and SketchUp Studio.

For more information:

Sherrie R. Whaley The Ohio State University College of Food, Agricultural, and Environmental Sciences 614-582-6111 whaley.3@osu.edu

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# **OSU Lima Branch Field Day**

The registration link will go live soon. If you visit the link and registration is not available, please check back in a few days.



# Drainage Installation Field Day

The College of Food, Agricultural and Environmental Sciences, Ohio State University Extension and The Ohio State University at Lima will host a Drainage Installation Field Day on the Ohio State Lima Regenerative Agricultural Farm. Field demonstrations will be conducted by the Ohio Land Improvement Contractors of America (OLICA). The demonstration will be an open-house-style format throughout the day. Lunch will be provided and will include a short educational presentation by Bruce Clevenger, Farm Management Field Specialist, about crop yields and the economic benefits of drainage and drainage water management.

Complete details including a full schedule and how to register are at go.osu.edu/limadrainageday.

Tuesday, July 25, 2023 • 9 a.m.-3 p.m. | Rain Date: Tuesday, August 1, 2023



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EVENT SPONSORS

# Thank you to our event sponsors who will be recognized on the event website.

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## **2023 LICA Winter Convention**





**BOARD MEETING** 



COMEDIAN JIM FLANNIGAN ENTERTAINS LICA MEMBERS AT THE AWARDS BANQUET



OLICA MEMBERS IN ATTENDANCE AT THE CATERPILLAR AWARDS BANQUET



PASSING OF PRESIDENT'S PIN FROM CHRIS WAGNER TO DAVE GALLAHAN

## **2023 CONEXPO**



LICA MEMBERS AND STAFF POSE FOR A PICTURE AT THE LICA BOOTH BEFORE THE START OF CONEXPO 2023









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## **UFG & PRINS State LICA Insurance Program Executive Director's Meeting**

UFG & Prins Insurance hosted state LICA executive director's at the annual LICA meeting which was held March 28-29, 2023 in Cedar Rapids, Iowa. The meeting kicked off with an evening of camaraderie including a team building exercise where those in attendance were given the opportunity to make charcuterie boards or decorate cheese cakes. These creations were served along with a four course dinner. The meeting portion of this event was filled with program updates, product development, claims and risk control, which included real-life examples, LICA program benefits and distribution of education funding checks.

UFG currently offers insurance to chapter members in Arkansas, Iowa, Illinois, Indiana, Kansas, Kentucky, Minnesota, Nebraska, Missouri, New Jersey, North Dakota, Ohio, Pennsylvania, South Dakota and Wisconsin. The State LICA Insurance Program is administered by Prins Insurance Inc. of Sanborn, Iowa.

Prins Insurance has partnered with LICA contractors for 25 years to provide an insurance product that

gives the opportunity to work with your independent agent while taking advantage of a comprehensive insurance program that focuses on the unique needs of your industry. If you have questions about The State LICA Insurance Program, contact Prins at 800-831-8545.



OLICA receives the 2023 education donation from Prins Insurance's Bruce Mosier and UFG's Christine Starr

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# Summer Safety—Dehydration

Helpful tips for keeping you safe on the job

In the simplest terms, dehydration occurs when you lose more water than you take in. Staying hydrated is important to keep all your body functions running smoothly. Whenever you are working outdoors or in warm environments, you'll want to take extra precautions as summer heats up.

#### Water Loss

On average, adults lose almost 10 cups of water a day simply by sweating, breathing and going to the bathroom. Along with water, you also lose electrolytes, which are vital because they help maintain the balance of fluids in the body. When you become dehydrated, your body cannot function, possibly resulting in heat stroke or even death.

#### **Symptoms**

How do you know if you're dehydrated? You'll begin to experience one or more of the following symptoms:

- Excessive thirst
- Sleepiness or tiredness
- Dry mouth
- Muscle weakness
- Headache
- Dizziness or lightheadedness

If you start to notice these warning signs, do not ignore them! Immediately take a break and give yourself time to recover.

## **Preventing Dehydration**

The best defense against dehydration is prevention. That sounds easy enough—consume lots of fluids and foods high in water such as fruits and vegetables—but determining how much fluid can be complicated.

Unfortunately, determining appropriate water intake isn't an exact science, especially because so much depends on age, physical condition, activity level, location and body chemistry. The best overall approach is to make a conscious effort to stay hydrated, and continue drinking even if you don't feel thirsty. In hot weather, skip coffee or soda, and make water your beverage of choice.

#### **Pace Yourself**

During periods of heavy exertion, take frequent water breaks. Adjust your intake to match your activity level and working conditions to stay healthy and alert.

"Many times, the thirst mechanism is so weak that it is mistaken for hunger. Be sure to keep drinking water, even if it feels like you've just had a snack."

Ohio Land Improvement Contractors Association Members stay safe and healthy on the job with these helpful tips provided by Prins Insurance, Inc.



Provided by: Prins Insurance, Inc. This safety matters flyer is for general informational purposes only, and is not intended as medical or legal advice. © 2007-2010, 2014, 2019 Zywave, Inc. All rights reserved.



# **Beating the Summer Heat**

Tips for staying cool when summer heats up

Summer heat can be more than uncomfortable; it can be a threat to your health, especially for older adults and children. Whatever your age, don't let the summer heat get the best of you.

#### **Heat Exhaustion**

Heat exhaustion occurs when a person cannot sweat enough to cool the body – usually the result of not drinking enough fluids during hot weather. It generally develops when a person is playing, working or exercising outside in extreme heat. Symptoms include the following:

- Dizziness, weakness, nausea, headache and vomiting
- Blurry vision
- Body temperature rising to 101°F
- Sweaty skin
- Feeling hot and thirsty
- Difficulty speaking

A person suffering from heat exhaustion must move to a cool place and drink plenty of water to avoid heat stroke—an even more severe heat-related condition.

#### **Heat Stroke**

Heat stroke is the result of untreated heat exhaustion that has the following symptoms:

- Absence of sweating
- Unawareness of thirst and heat
- Body temperature rising rapidly to above 101°F
- Confusion or delirium
- Possible loss of consciousness or seizure

Heat stroke is a serious medical emergency that must be treated quickly by a trained professional. Until help arrives, cool the person down by placing ice on the neck, armpits and groin. If the person is awake and able to swallow, have them drink a small glass of water every 15 minutes or until help arrives.

#### **Tips for Staying Cool**

The combination of heat and humidity in the summer months can be downright uncomfortable and even dangerous. Stay cool by following these safety tips:

- Drink plenty of water. The average adult needs eight 8-ounce glasses of water a day, and even more during hot weather.
- Skip the caffeine and soda; drink water instead.
- Dress for the weather. When outside, wear lightweight clothing of natural fabric and a wellventilated hat.
- Eat light. Replace heavy or hot meals with lighter, refreshing foods.

"Feeling thirsty means that your body is on the road to becoming dehydrated. Don't wait to drink until you're thirsty especially if you're working in extreme heat."

Ohio Land Improvement Contractors Association Members stay safe and healthy on the job with these helpful tips provided by Prins Insurance, Inc.



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## OHIO LAND IMPROVEMENT CONTRACTORS ASSOCIATION

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# **UPCOMING EVENTS**

2023 OLICA Summer Picnic • June 24, 2023 • Nieman Excavating • Sterling, OH

2023 National LICA Summer Meeting • July 11-15, 2023 The Graduate Hotel, Lincoln, NE

2023 OSU Lima Branch Field Day • July 25, 2023 • Rain Date August 1, 2023

OLICA Farm Science Review Field Day • September 19-21, 2023 Molly Caren Ag Center, London, OH

2024 OLICA Annual Winter Meeting • January 2-4, 2024 • Embassy Suites, Dublin, OH